WORLD HAS NEW NO. 1
NOVAK DJOKOVIC TAKES WIMBLEDON
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TAKE A LOOK AT HIM NOW
ENTREPRENEUR DOES A 180 {page 13}

BUY LOCAL

DUCHESS GIVES FROCK DESIGNER A SECOND NOD {page 7}

WINNIPEG metro®

Monday, July 4, 2011
www.metronews.ca

News worth sharing.

Food. Faceoff

▶ Austin Peters, 7, attempts a slapshot on the goalie, older brother Jayce Peters, 11.

CRYSTAL LADERAS/FOR METRO

Street hockey to feed hungry

Siloam Mission dropped the ball in front the Legislative Building yesterday, where players exchanged food for a hockey faceoff. Five Hole For Food, in its Will Play Hockey For Food T-shirts, made a stop in Winnipeg on its 17-day trek across Canada, organizing street hockey games with hopes to collect 20,000 pounds of food for homeless shelters.

Handi-Transit fare cut proposed

Most of service's users are seniors but they don't get discount Vote takes place at EPC on Wednesday

JAMES TURNER
@METRONEWS.CA

A proposal to discount transit fares for students and seniors who use Winnipeg's Handi-Transit service — one that could starve the service of hundreds of thousands of dollars — will go under the microscope of Mayor Sam Katz's cabinet this week.

Administrators are recommending that the roughly 20 per cent discount offered to university and college students using regular transit also be given to disabled students using the alternate service.

As well, officials say a 50 per cent discount should be offered to Handi-Transit-using seniors, mirroring the one offered to seniors using regular transit.

The changes are being proposed largely because discrimination complaints have been raised about the city's current two-tiered system — one that would likely be stopped by the Manitoba Human Rights Commission.

The change for students would be phased in upon council approval, but seniors will have to wait until Handi-Transit adopts a new fare-collection system in 2013.

Currently, Handi-Transit does not permit any discounts for any of its users.

In recent months, the Canadian Federation of Students has been in talks with transit managers, citing discrimination, according to a report to be considered Wednesday.

Also, the department has received a human-rights complaint from a city senior — one the city may lose as transit services in other places move to level fares between their two systems, the report states.

"The Human Rights Commission may determine the practice of not permitting discounts for students and seniors qualifying for Handi-Transit as discriminatory given other jurisdictions are moving to fully equalize fares on their regular and paratransit systems," the report, approved by Transit head Dave Wardrop, says.

A Regina complaint to Saskatchewan's human rights commission resulted in parity between that city's fares for transit offerings.

Program costs

- Handi-Transit would lose about $4,500 in student fares a year because a small number of disabled students use Handi-Transit (based on 2011 fare rates).
- A seniors discount would cost Handi-Transit about $240,000 a year.

1 news

The death of a puppy that had been locked in a car may lead to charges.
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3 The codes will direct your mobile browser to **m.metronews.ca**

On the web at metronews.ca

In the wake of the Kabul hotel attack, Defence Minister Peter MacKay says Canadian soldiers in the city are safe. Video at metronews.ca

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Race to hold back flooding in Souris

Ottawa has deployed some 200 troops to help with flood-control measures in southwestern Manitoba, where volunteers are racing to raise dikes before the Souris River crests over the coming days.

The forces were sent to the town of Souris, some 250 kilometres west of Winnipeg, to help with flood relief.

About 190 people in the community have been evacuated as a precaution, and emergency services at the hospital have been suspended, according to the town's website. The evacuees are currently staying at hotels or in relocated trailers.

"Where circumstances warrant — as they do today at Souris — our government stands ready to protect people and property from the tragedy of flooding," Public Safety Minister Vic Toews said in a statement Saturday.

"Manitobans have been, and will remain, resilient in the face of this year's floods."

The troops' deployment is welcome news for volunteers like Laura Williams, 19, who has been putting in long days loading sandbags onto pallets so they can be trucked to other volunteers at the dikes.

She's been hauling sandbags, one at a time, since Tuesday.

"I'm exhausted. It's pretty hot out here, too, so that doesn't help. We're all pretty tired but we're just going to keep going," she said.

"It's got to be done."

The Manitoba government said Souris already has about 150 people working on its dike but there is concern about having the work completed in time. THE CANADIAN PRESS

Cool. Blues.

▶ Dan Auerbach of Ohio-based The Black Keys is bathed in white light during the duo's stop at the MTS Centre on Saturday night.

JAMES TURNER/METRO

Hitting a high note

More than 6,000 people turned out to take in the blues-rock show from multiple Grammy-winning band The Black Keys.

Son's interests debated in convict's deportation case

- Korean trafficker has support of community, family
- Has top human-rights lawyer on his side

JAMES TURNER
@METRONEWS.CA

A drug trafficker busted by police in an organized-crime dragnet is battling to stay in Canada, saying the effects deportation would have on his infant son weren't properly factored in by border officials.

The enforcement arm of the Canada Border Services Agency has stated they believe Kyung Woo Jeong is ineligible to stay once his five-year prison sentence is over or he gains early release.

The 24-year-old, a Korean who came to Winnipeg in 2004, is appealing the CBSA's decision to move his case to an immigration review. That would likely lead to a deportation order he would have no right to appeal.

Jeong pleaded guilty last fall to possession for the purpose of trafficking. He was one of 14 people charged following a lengthy city police probe into Asian organized crime. He was caught manufacturing cocaine in a lab, the CBSA said.

A CBSA officer charged with reviewing the case said he looked at a number of factors about Jeong's background before recommending the immigration review. These included Jeong's infant son's best interests and his strong family ties in Canada.

But Jeong's lawyer, David Matas, plans to argue the agency didn't properly consider a number of factors related to how the child will be affected should he be kicked out.

"The best interests of the child were not considered in this case in the manner required by law," Matas stated.

In a handwritten letter to the CBSA, Jeong said he's "willing to do anything to stay in Canada."

"I take full responsibility for what I've done," he said.

"I can guarantee 100 per cent if I get one more chance I would not reoffend, or do any crimes," said Jeong.

Other letters to the CBSA suggest he has overwhelming support from his immediate family, his church and community members.

A federal judge has agreed to hear Jeong's case in August.

News in brief

Jets sign Meech

LOCAL STAR. The Jets signed hometown hockey player Derek Meech to a one-year contract worth $700,000. The Winnipegger spent parts of the last four seasons with the Detroit Red Wings, scoring four goals, with 12 assists in 126 games with the franchise.
CRYSTAL LADERAS

Living Flag a success

RECORD TURNOUT. Sources are reporting Winnipeg broke Victoria's Canada Day Living Flag record. About 3,400 Winnipeggers stood wearing red and white under the early-morning rain Friday. Reports from Victoria estimate about 3,000 people attended their event.
CRYSTAL LADERAS

metro
ChickAdvisor
Best Summer Patio Search
Have your say July 4 to 7
Reader's Choice
Best Patio
Tell us why you love your favourite Winnipeg patio and your review could be featured in Metro!
Have your say at ChickAdvisor.com/Metro from July 4 to July 7.

Landside victory in Thai election

Photogenic Yingluck Shinawatra has long been seen as front-runner
Set to be country's first female PM

The sister of exiled former Prime Minister Thaksin Shinawatra led Thailand's main opposition party to a landslide victory in elections yesterday, heralding an extraordinary political turnaround five tumultuous years after her fugitive billionaire brother was toppled in an army coup.

The vote paves the way for 44-year-old Yingluck Shinawatra, who has never held office, to become this Southeast Asian kingdom's first female prime minister.

A large mandate to govern could help the new government navigate a way out of the crisis that has plagued Thailand since Thaksin's 2006 overthrow. But the question remains whether the nation's elite power brokers, including the monarchy and the army, would accept the result.

Thaksin was barred from politics in 2007 and convicted on graft charges the next year. The U.S.-educated Yingluck, who he has called "my clone," is widely considered his proxy.

The incumbent premier, Abhisit Vejjajiva, conceded defeat last night and said he was ready to become the opposition.

With 98 per cent of the vote counted, preliminary results from the Election Commission indicated Yingluck's Pheu Thai party had a strong lead with 264 of 500 parliament seats, well over the majority needed to form a government. Abhisit's Democrats won 160 seats.

Speaking to a throng of cheering supporters at her party headquarters in Bangkok, Yingluck declined to declare victory until final results are released. But she said: "I don't want to say that Pheu Thai wins today. It's a victory of the people."

THE ASSOCIATED PRESS

VINCENT YU/THE ASSOCIATED PRESS

▶ Yingluck Shinawatra, the Pheu Thai Party's candidate for prime minister and youngest sister of ousted Prime Minister Thaksin Shinawatra, gestures as she attends a press conference at the party headquarters in Bangkok, Thailand, yesterday.

Activists plan to go on with Gaza flotilla despite Greek ban

Organizers of a Gaza-bound flotilla said yesterday they have not abandoned their plans to breach Israel's sea blockade of the territory despite a Greek government ban on their vessels leaving the country's ports.

The campaign experienced a major setback when Greece announced its restrictions Friday, and authorities arrested the captain of a boat carrying American activists that tried to leave Greece without permission.

However, co-ordinators of the flotilla were trying to maintain momentum with small protests in Athens in the face of increasing calls for them to scrap their campaign. On Saturday, the Middle East Quartet of Mideast mediators — the U.S., UN, EU and Russia — urged governments to discourage Gaza-bound flotillas that could escalate tension in the region.

Several protesters from the American vessel briefly protested outside the U.S. Embassy before leaving. They had originally planned to stay there overnight. They want Washington to pressure Greece to release their American captain, John Klusmire, and allow them to depart for the Gaza Strip.

The U.S. Embassy provided standard consular services to the American citizens in the flotilla "before and after" the interception of their vessel, spokesman Stuart Smith said.

THE ASSOCIATED PRESS

PETROS KARADJIA/THE ASSOCIATED PRESS

▶ Supporters of the Gaza flotilla gather outside the Ministry of Public Order in Athens yesterday.

Blockade

- **Weapons.** Israel says it imposed the blockade in 2007 to stop weapons reaching Hamas, the Islamic militant group that rules Gaza.
- **Uproar.** Nine activists on a Turkish boat were killed last year in an Israeli raid on a similar flotilla, and Israel eased its land blockade after an international uproar over the incident.

B.C. woman suspected of being killed by black bear

A black bear believed to be responsible for the death of a British Columbia woman had previously tried to enter the woman's home a couple of times, said conservation officer Rod Olsen.

Fed-upon remains were found while investigating a missing-person's complaint in a remote area outside of Lillooet, B.C.

PHYLICIA TORREVILLAS

Canadian stabbed in Mexico, official says

A Mexican state official says a Canadian woman was stabbed to death in a suburb of San Miguel de Allende, a colonial city filled with foreign artists and retirees.

Guanajuato Deputy Prosecutor Miguel Angel Rangel-Zendejas says 64-year-old Judith Zena Baylis was stabbed 21 times in her home in Atotonilco.

THE CANADIAN PRESS

Biker killed while protesting helmet laws

Police say a motorcyclist participating in a protest ride against helmet laws in upstate New York died after he flipped over the bike's handlebars and hit his head on the pavement.

The accident happened Saturday afternoon in the town of Onondaga, in central New York near Syracuse. THE ASSOCIATED PRESS

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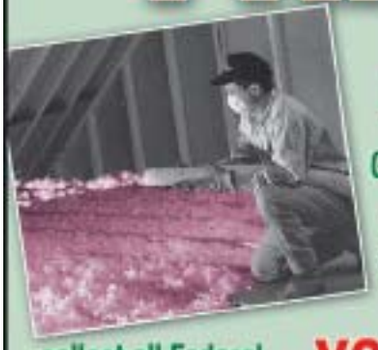

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LARRY MAYER/THE BILLINGS GAZETTE/THE ASSOCIATED PRESS

▶ Oil swirls in a flooded gravel pit in Lockwood, Mont., after an ExxonMobil pipeline broke Saturday.

Oil spill pollutes Yellowstone River

Plume dissipating as it moves downstream Disaster and Emergency Services chief says 'timing couldn't be worse'

An ExxonMobil pipeline that runs under the Yellowstone River in Montana ruptured Saturday and leaked hundreds of barrels of oil into the waterway, causing a 40-kilometre plume that fouled the riverbank and forced municipalities and irrigation districts downstream to close intakes.

The break in south-central Montana led to temporary evacuations of hundreds of residents along a 32-km stretch. Cleanup crews deployed booms and absorbent material as the plume moved downstream at around 10 kilometres per hour.

750

750 to 1,000 barrels was the estimated amount of oil leaked before the pipe was shut down, said ExxonMobil spokeswoman Pam Malek.

The river has no dams on its way to its confluence with the Missouri River just across the Montana border in North Dakota. It was unclear how far the plume might travel.

"The parties responsible will restore the Yellowstone River," Montana Gov. Brian Schweitzer said.

"With the Yellowstone running at flood stage and all the debris, it makes it dang tough to get out there to do anything," said Steve Knecht, chief of operations for Montana Disaster and Emergency Services.

In a statement, ExxonMobil said it was sending a team to help with cleanup and that state and federal authorities had been alerted to the spill.

THE ASSOCIATED PRESS

HAVANA GATHERING

Cuba getting its tweet on

A few dozen members of Cuba's small but growing Twitter community have met in real space for the first time. They got to put unfamiliar faces with familiar user names, and they commiserated about the woeful Internet access on an island that has the second-worst web connectivity rate in the world.

Gathering at a downtown Havana pavilion, Cuba's Twitterati wrote their online handles on name tags emblazoned with the Cuban flag and the hash tag used to organize the event, TwittHab.

THE ASSOCIATED PRESS

Market moment

PRICES AS OF 5 P.M. THURSDAY

TSX	Dollar
+ 111.93 (13,300.87)	+ 0.65¢ (103.68¢ US)

Oil	Natural gas 1,000 cu ft
- $1.06 ($94.38 US)	$4.32 US (- 5.5¢)

Gold contract $1,502.80 US (- 7.60)

TURNING THE CORNER ON PORTAGE AVENUE

URBAN COMPASS

COLIN FAST
METRO WINNIPEG

Champagne corks were popping last week as Longboat Development Corp. announced plans to construct a $75-million mixed-use building at the corner of Portage and Donald.

Incorporating office space, a boutique hotel, street-level retail and a parkade, this is one of the most significant private-sector investments downtown in decades and a major step forward for efforts to revitalize Winnipeg's signature street. But it also raises the question: How do we build on the momentum? If history is any indication, the answers are private instead of public, and small instead of big.

Back in its heyday, Portage Avenue drew thousands of Winnipeggers with its mix of shops and experiences. Anchored by Eaton's and the Bay, it was the place to be seen on a Saturday afternoon.

But then the city removed the streetcars, and allowed development to flourish in the suburbs. Soon, it wasn't convenient for someone from St. Vital to make their way downtown when they could head to the local mall instead.

As the mall culture evolved during the 1970s and '80s, political leaders surmised the only way for Portage to do battle with the malls was to become one itself.

So several blocks of stores and apartments were destroyed to build Portage Place, a little piece of suburbia in the middle of downtown. Press releases boasted this would bring shoppers and life back to downtown, but it's obvious to anyone who has been there lately that Portage Place has largely failed to live up to that promise.

By the late 1990s, it was decided all Portage needed was a bit of sprucing up to make it the next Corydon. So the province and city spent millions on new sidewalks and co-ordinated street furniture and lighting. But in the absence of any real attractions, street-scaping alone wasn't going to do much to draw people to the area.

In recent years there has been a push to relocate as many government departments as possible to the downtown, including building the new Manitoba Hydro headquarters. While this has generated positive press for government and helped stabilize the area, office workers don't have the same impact as permanent residents.

So what's clear after decades of government "planning" is that Portage Avenue needs more private investment like the Longboat project, not grand redevelopment plans. It needs a blend of unique shops and basic retail to serve local residents, not shopping malls. It needs street level experiences, not decorative paving stones. And it needs more year-round residents, not just 9-to-5 government employees.

Portage Avenue could, finally, be on its way back. But it will largely depend on whether government does what is right by the street, or continues to try to revitalize via press release.

Colin Fast is a corporate communicator who blogs about life in Winnipeg at policyfrog.com.

Jazz musicians in tune with fundraising

NEWS WORTH SHARING

Media will always have to report on the tough stuff. But we know that Canada is full of compassionate individuals, inspiring projects and stories worth celebrating. Here is just one.

Some say jazz is a dying genre, but last month a night at the Manitoba Theatre Centre proved that jazz can heal.

On June 10, approximately 400 people attended the fifth and final Jazz for Humanity event, which brought together more than 80 musicians, dancers, visual artists, culinary artists and volunteers in support of a community of Rwandan widows, survivors of the 1994 genocide.

"What began as a small jazz concert run by three high school students has created great change both here in Winnipeg and on the other side of the world in Kimironko," said co-executive director Rayannah Kroeker.

This year, the event raised $15,000 to support the work of Ubuntu Edmonton in the community of Kimironko in Kigali, Rwanda.

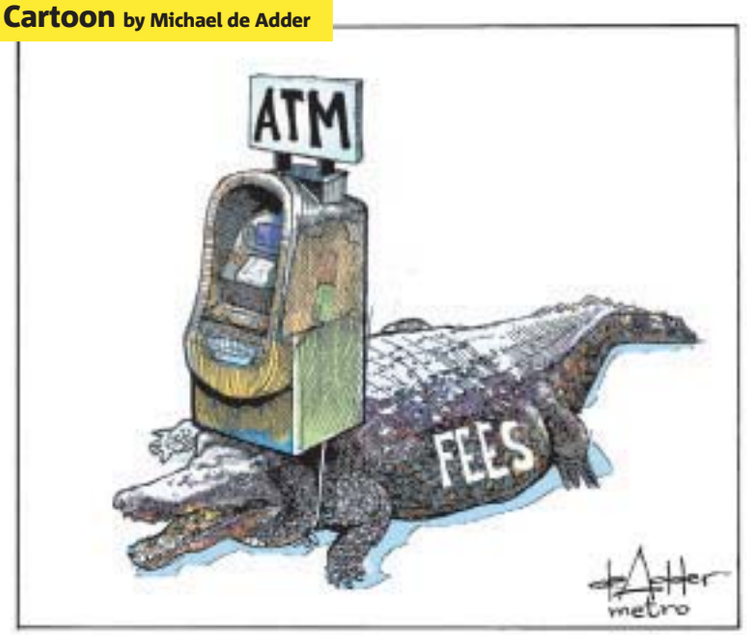
CRAIG AND MARC KIELBURGER

Help the good news get around. Send your stories of local heroes and positive action to goodnews@metowe.com and we will share them right here.

Tweets

- **@ccampkin:** Cleaning my house sucks when the day outside calls. Sunshine in Winnipeg!
- **@Atara:** Attn: Taz Stuart — Whatever you're doing, keep it up! Loving the #mosquito-free summer so far. #winnipeg #dragonflies #knockonwood
- **@JeffGingerich:** @greenwooddavis Winnipeg has one of the nicest ballparks I've ever been to!
- **@davewowchuk:** Did you know that North Americans pull 30-40 petabytes (30-40 million gigabytes) of mobile data every month?!? #winnipeg
- **@MaskedMarjorie:** The bus driver is announcing what he deems are the noteworthy stops "7-11, mmm, Slurpee!" #Winnipeg
- **@CorrieGirl:** Heavy manual labour to be done today, wish I had a man to do the labour. Then he can leave again!
- **@DjTimWaters:** So the only place we could find to stay last night for country fest was the elkhorn resort. Pretty nice place. 1 hr away. Lol
- **@3_putt putty:** The guy a few doors down politely walks his Harley in and out since I snapped :)

Cartoon by Michael de Adder



WEIRD NEWS

Baboon wasn't amused with this park

A wayward baboon that apparently escaped from an amusement park and became a mini-celebrity — appearing at a golf course and being followed on Twitter — was captured Saturday after spending three days on the lam.

The animal appeared to be unharmed when it was found and tranquilized at a farm in southern New Jersey. The farm isn't far from Six Flags Great Adventure's Monkey Jungle in Jackson Township, which has about 150 baboons that are part of a drive-thru safari.

Park officials confirmed the capture and said they believed the animal was theirs. But they won't know for sure until it's assessed and they can see if it has a microchip that's embedded in all their baboons.

Numerous online followers tracked the baboon's travels after it initially was spotted Thursday. Many posted on a tongue-in-cheek Twitter account created by a person posing as the baboon.

Officials had said the baboon didn't pose a threat to residents but as a precaution warned them not to approach it if they encountered it.

THE ASSOCIATED PRESS

metro

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2 scene

Patience makes the Soundgarden grow

Chris Cornell on getting the band back together — and making sure it doesn't fall apart again

PAT HEALY
SCENE@METRONEWS.CA

Chris Cornell has a very practical approach to Soundgarden these days. He does what he does because he and his band like it, not because a record company says they have to.

You've been doing a lot of solo touring. How different is the mindset for doing that from the mindset you have to have for these Soundgarden shows?
Lately I've been doing what I call the Songbook tour, which is pretty much just me and an acoustic guitar, so it's about as opposite as you can get. … The only way to get any further away is if it was just me and a puppet. Then it would be a completely different genre of entertainment. And in that way, you don't really have to strive for balance. One kind of takes care of the other.

After touring around for a month and a half, doing that [acoustic tour], I was really looking forward to getting in the studio with Soundgarden and playing loud, aggressive rock music and then after doing that for a while it will feel great to just sit alone and play an acoustic guitar, so in that way I think I'm pretty fortunate to be able to have such dramatic extremes happening.

"We're just as adventurous as we've always been, so there are song arrangements and styles that are different than anything we've ever done, but no matter what, we would be doing that."
CHRIS CORNELL ON SOUNDGARDEN

On these new dates are you guys doing any of the new stuff you've been recording?
I'm not sure if we will do that now mainly because we haven't toured in 12 years or whatever it's been. It's hard to actually come up with a set list that's inclusive of all the stuff that we would play even if we weren't working on new material. We felt like we haven't played in so long, haven't toured and haven't played in front of these different people in so long. How are we going to really make everyone happy? We don't want people to show up and be like "It was great, but they didn't play this or that." So to throw in new material, we don't know if it's something we want to do right now.

From the new songs, is there anything you're really psyched about that's almost ready to go, that you would love to play?
The whole album is close enough that I kind of get a sense of the overall feeling of it and I'm pretty happy with that. It's pretty great. It's very different. But then again, they all were, so it's not like we completely changed. Musically, at some point, I think we were always kind of doing that. And there's always familiar elements going on but it's also new.

Is there any feeling of proceeding with caution as far as hoping you don't get involved in any of the pitfalls that caused the tension that led to the breakup?
Well, I think the main one is avoiding concerns about scheduling. I suppose there was always a factor of record companies worrying about competition, other record labels and what they're releasing by what bands that would be in direct competition with our band. And that's concerned with a lot of different things — with touring, with radio airplay, with TV airplay and all the things that go along with it. And we're not really in that position anymore. We're just Soundgarden and we're just in that stage of being a band that there isn't really competition. There isn't really another band that can rush in and take our place if we're not ready.

ROGER KISBY/GETTY IMAGES

▶ Chris Cornell, fresh off a solo tour, says he is looking forward to the release that playing aggressive music with his old band will give him.

Box office

Transformers robots have lost some of their money-making power but still have delivered the biggest opening weekend domestically so far this year. Distributor Paramount Pictures said yesterday that Transformers: Dark of the Moon took in $97.4 million domestically in its first weekend. That beat the $90.2 million debut of Disney's Pirates of the Caribbean: On Stranger Tides. But the domestic haul for the sci-fi sequel was down from the $127.9 million first weekend for 2009's Transformers: Revenge of the Fallen. Since opening Tuesday night, the new Transformers pulled in $162 million through Sunday, a drop from $200.1 million for Revenge of the Fallen in its first five days.
THE ASSOCIATED PRESS

Is J.J. Abrams a Luddite? Technology is not our friend, Super 8 says. Scan this code or visit metronews.ca/scene for more news.

Album took 8 years to make: Welch

KARL WALTER/GETTY IMAGES

▶ Gillian Welch

As Gillian Welch has promoted her long-awaited new album, The Harrow & The Harvest, there comes a point early in each interview when a reporter asks her why it took her eight years to deliver it.

Every. Single. Time.

There's no good answer, of course. These things occasionally take a while.

"No one wanted this record out faster than we did," Welch said with a small laugh. "That's just a fact. There's no way. I don't actually believe that anyone was more miserable than myself about the eight-year wait because it isn't like we took a vacation. We actually were working the entire time. But the creative breakthrough really came when we kind of somehow managed to step outside the stress and the panic about it, you know? That's just no way to work."

By "we," she means her life (and music) partner, David Rawlings. They've been working as a duo under a soloist's name for more than 15 years now.

The couple has inspired a generation of musicians who look to acoustic instruments with a kind of rock 'n' roll fervour that didn't exist when Welch and Rawlings first met at the Berklee College of Music in Boston as students in the early '90s.

The pair wrote hundreds of songs for the new album, recorded them in rough form and eventually discarded them in "a song cemetery."

Welch also found the simple act of travelling helped as well. The couple makes a conscious effort to take things slow in life, skipping planes for four wheels on the open highway and remaining disconnected as much as possible from the hustle of modern life. THE ASSOCIATED PRESS

Kate gives Canadian designer regal replay

- Duchess of Cambridge gives homegrown talent second nod on tour
- She first wore ensemble by designer on day one of royal Canadian visit

CHRIS JACKSON/GETTY IMAGES

▶ Prince William, Duke of Cambridge and Catherine, Duchess of Cambridge, attend a Freedom of the City Ceremony outside City Hall yesterday in Quebec.

It was a regal repeat for Kate as she opted to wear a dress from Canadian designer Erdem for the second time during the royal tour.

The Duchess of Cambridge appeared at a prayer service in Quebec City on Sunday wearing a navy lace Jacquenta dress from Erdem Moralioglu, who is a native of the province.

A model is seen wearing the dress in a photo on the Erdem website categorized under the pre-fall 2011 collection.

The Montreal-born, London-based Moralioglu behind the Erdem label created another lacy frock worn by Kate on the first day of her first official visit abroad.

Kate stepped off of a Canadian Forces jet Thursday in Ottawa donning a elbow-length, dark-coloured Erdem dress.

She wore the dress to attend a wreath-laying ceremony with Prince William at the National War Memorial in the heart of the city's downtown core.

That was followed by a walkabout among the thousands of people lining the memorial square. The pair then made their way to an official welcome ceremony at Rideau Hall.

THE CANADIAN PRESS

Swimming in bling made for a princess

At her royal wedding, Britain's Kate Middleton donned an heirloom tiara charged with historical significance. Princess Charlene of Monaco opted for something much more personal, choosing a bold, asymmetrical creation in diamond and white gold that symbolizes the one-time Olympic swimmer's love for the sea.

Made by French-German jeweler Lorenz Baumer, the "Diamond Foam" tiara in white gold and nearly 60 karats worth of diamonds evokes the spray thrown off a crashing wave. Thin strips of precision-cut diamonds arch up from behind the left ear and fan out in an almost punk-ish explosion at the temple. Large round cut diamonds, the largest weighing 8 karats, punctuate the ends of the sparkling arcs.

"Princess Charlene is a swimmer and Monaco is this little contort on the Mediterranean, so the reference to the sea was something very personal for her and at the same time a symbol of the Monegasque people," Baumer told The Associated Press.

The princess wore the headpiece to the lavish multi-course gala dinner that capped the two-day-long festivities around Charlene's long-awaited marriage to Monaco's ruling prince, Albertzqz II, the palace said Sunday.

Baumer submitted three sketches. The designer declined to give the price of the tiara, but hinted at a consequent sum.

THE ASSOCIATED PRESS

JOEL RYAN/THE ASSOCIATED PRESS

▶ Prince Albert II of Monaco and Princess Charlene of Monaco depart the Monaco palace after their religious wedding ceremony on Saturday.

Laundry ad isn't selling out: Zombie

AMANDA SCHWAB/CP/AP/STARPIX

▶ Rob Zombie

Rob Zombie's latest project is characteristically dark and has exactly the kind of vibe you'd expect from the hard-rocking musician and filmmaker.

A creepy soundtrack accompanies a string of unsettling images, among them a masked man ominously dragging a heavy sack through a smoky field.

But it's not Zombie's latest film project — it's a 30-second spot is for Woolite laundry detergent. Some critics have accused Zombie of "selling out."

"Whenever anyone talks about selling out it's the most absurd statement anyone could make. I've never done anything I didn't want to do. To me selling out is changing your music, your image, everything based on some sort of corporate manipulation to become rich and famous. I've never done that.

"When someone says I've sold out I say, 'What do you do for a living?' and maybe they'll say, 'Oh, I work at Walmart.' So they're corporate whores for the largest corporation in the world but have the nerve to (call me a) 'sell-out?'" THE CANADIAN PRESS

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3 life

Dinner & dessert

The authors of two different cookbooks, Time for Dinner and The Sneaky Chef, provide a meal that's healthy for you and your children There are hidden veggies in those cookies

You may have already discovered how cedar planks on the grill keep salmon moist and imbue it with rich, smoky flavour. But if you don't own a grill, why not try it in the oven?

Ingredients:

- 1 cedar plank (for cooking)
- 1/3 cup maple syrup
- 1 teaspoon Dijon mustard
- ½ teaspoon soy sauce
- juice of 1 large lime
- 1 ½ pounds salmon fillet
- 2 cups chicken broth
- 1 13.5-ounce can light coconut milk
- 2 cups uncooked jasmine rice
- salt

Preparation:

1. Soak the cedar plank in water for 4 hours; place it on a rimmed baking sheet lined with foil.
2. Preheat oven to 500° F.
3. In a bowl, combine the syrup, mustard, soy sauce, and lime juice. Put the fish in this mixture to marinate while you cook the rice.
4. In a saucepan, bring the broth and coconut milk to a boil.
5. Stir in the rice, reduce heat to low, cover, and simmer for 20 minutes.
6. Place the fish on the plank skin-side down, sprinkle it with the salt, and bake for 12 to 15 minutes, until it flakes easily but is not dry.
7. Transfer marinade to saucepan and heat over low-medium heat until slightly reduced, about 3 minutes. Drizzle over the fish before serving.

Dinner. Maple-glazed plank salmon with coconut rice

4 portions
Prep time: 20 min.
Total time: 4 hr 30 min

▶ From Time for Dinner by Pilar Guzmán, Jenny Rosenstrach and Alanna Stang.

Dessert. Unbelievable Chocolate Chip Cookies

Ingredients:

- 1 cup Flour Blend
- 1/2 teaspoon baking soda
- 1/2 teaspoon salt
- 1/4 cup rolled oats, finely ground in a food processor
- 2 tablespoons blanched, slivered almonds, finely ground in a food processor
- 8 tablespoons unsalted butter
- 1/4 cup sugar
- 1/4 cup brown sugar
- 1 large egg
- 1 teaspoon pure vanilla extract
- 1/4 cup White Bean Puree
- 1/2 cup semi-sweet chocolate chips

Preparation:

1. Preheat oven to 375 degrees. Remove butter from fridge to let soften.
2. In bowl, whisk flour. Blend, baking soda, salt, ground oats, ground almonds. Set aside.
3. In the bowl of mixer, beat butter and both sugars until creamy. Beat in egg, vanilla, and White Bean Puree. Add dry ingredients. Make two-bite cookies by dropping rounded half tea spoonfuls, spaced 2 inches apart, onto nonstick baking sheets. Bake for 12 to 14 minutes or until golden brown. Let cool on a metal rack.

White Puree

- 2 cups cauliflower florets
- 2 zucchini, peeled and roughly chopped
- 1 teaspoon lemon juice
- 3–4 tablespoons water, if necessary

▶ Steam cauliflower in steamer over 2 inches of water, using a tightly-covered pot, about 10 mins.

▶ Pulse peeled zucchini with lemon juice. Drain cooked cauliflower. Add to pulsed zucchini in bowl of processor with two tablespoons of water. Puree on high until smooth. Stop occasionally and push contents from top to bottom. If necessary, add rest of water.

▶ Store in refrigerator for up to 3 days.

The Flour Blend

- 1 cup all-purpose, unbleached white flour
- 1 cup whole wheat flour
- 1 cup wheat germ, unsweetened

▶ Combine flours and wheat germ in a bowl. It can be stored in a sealed, labelled plastic bag for months.

You need this

Pretty in Pink Pull & Play Pig
It's got an anime vibe and a cute little body. Pull her tail, and the piggy wiggles. Her ears also crinkle, for your texture-loving young one. And for you: Part of the proceeds go to fight breast cancer. MWN

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Simplicity at its finest

Go back to delicious basics with garlic steak and grilled baked potatoes

THE CANADIAN PRESS/ TIM TURNER

▶ If you love garlic, this steak is for you. It uses 25 cloves.

Preparation:

1. In saucepan over low heat, combine garlic and red pepper flakes with 125 ml (1/2 cup) to 250 ml (1 cup) of oil, making sure you have enough oil to cover garlic cloves. Cook at a low simmer until garlic starts to brown, about 20 minutes. Remove pan from heat and let garlic cool in oil. Set aside.
2. Pour 50 ml (1/4 cup) of garlic oil onto sheet pan. Dredge steaks through oil, coating both sides. Season evenly with salt and pepper. Let steaks stand at room temperature for 30 minutes before grilling.
3. Prepare grill for direct cooking over high (230 to 290 C/450 to 550 F).
4. Brush cooking grates clean. Grill steaks over direct high heat, with lid closed as much as possible, until cooked to your desired doneness, 6 to 8 minutes for medium rare. Turn once or twice. Remove from grill and let rest for 5 minutes.
5. Serve steaks topped with sprinkling of salt and garlic. Spoon garlic oil over the steaks. THE CANADIAN PRESS/ WEBER'S ON THE GRILL: STEAKS & SIDES BY JAMIE PURVIANCE

Ingredients:

- 25 garlic cloves, peeled, plus extra for garnish
- 0.5 ml (1/8 tsp) crushed red pepper flakes
- 125 ml to 250 ml (1/2 cup to 1 cup) extra-virgin olive oil
- 4 bone-in steaks (each 280 to 350 g/10 to 12 oz and 2.5 cm/1 inch thick), trimmed of excess fat
- Sea salt and ground black pepper, to taste

Grilled Baked Potatoes

Ingredients:

- 6 large russet potatoes
- Olive oil
- Kosher salt
- Ground black pepper

Preparation:

1. Heat a grill to high.
2. Wash and pat dry each potato. Use fork to pierce each potato several times. Tear 6 sheets of foil, then use the fork to pierce each one several times. Place potato on each piece of foil; drizzle with olive oil and sprinkle with salt and pepper. Roll potatoes to coat, then wrap.
3. Reduce one side of grill to medium. If using charcoal grill, bank most coals to one side. Arrange potatoes on cooler side. Cook 40 minutes or until cooked.

Topping Suggestions: Baked beans, grated cheese, sour cream, crumbled bacon, diced tomates, diced onion. THE ASSOCIATED PRESS

A strange but tasty summer soup

Gazpacho, the tomato-based chilled soup, can be one of the most refreshing uses of summer produce.

Sometimes chopped, sometimes puréed, sometimes cooked, sometimes completely raw, gazpacho can be made a few ways.

We opted for another red icon of summer for our base — watermelon. Going with a half chopped, half pureed, completely raw version, we created a super light dish that's great as an appetizer, for brunch or for a light snack.

Preparation:

1. In a blender, puree watermelon until smooth.
2. In bowl, combine watermelon puree, cucumber, cantaloupe, salt, lemon juice and tarragon. Refrigerate until chilled.
3. Meanwhile, in a small bowl, combine creme fraiche, basil and mint. Serve soup topped with herbed creme fraiche. THE ASSOCIATED PRESS

Ingredients:

- 1 l (4 cups) watermelon chunks, seeded
- 250 ml (1 cup) peeled, seeded cucumber, finely diced
- 250 ml (1 cup) peeled, seeded cantaloupe, finely diced
- 2 ml (1/2 tsp) salt
- Juice of 1 lemon
- 15 ml (1 tbsp) fresh tarragon, minced
- 125 ml (1/2 cup) creme fraiche
- 15 ml (1 tbsp) each fresh basil and mint, minced

MATTHEW MEAD/ THE ASSOCIATED PRESS

▶ This recipe makes six servings.

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Educational environment

WWF-Canada expanding a Living Planet @ Work program Opening eligibility to any size workplace

BEN KNIGHT
GREEN@METRONEWS.CA

So you know your workplace could easily reduce its environmental footprint and you're eager to help make a difference. The problem? Knowing exactly what to do — and where to start.

A year ago, WWF-Canada launched its Living Planet @ Work program, helping some of Canada's largest companies take firm, decisive action to become gentler on the planet. Each corporation paid in, and the program was based in Ontario.

A year later, the program is being hugely expanded. Starting very soon, any size company anywhere in Canada can take part. And the best news of all? It's free.

"It's all customized tools and activities and support programs for our corporate partners to educate and inspire their employees for sustainability initiatives," says Hadley Archer, WWF-Canada's VP of strategic partnerships and fundraising. "Often, these companies already know all this stuff. What they struggle with is how to meaningfully engage their employees."

Alicia Nixon is the environmental lead for Accenture Canada, one of this nation's top management consulting, technology services and outsourcing firms. She says the program has benefited the company in multiple ways.

ISTOCK PHOTOS

▶ The WWF-Canada website will soon have tools online for any size office to implement environmental changes in their workplace.

"We've incorporated all 11 of our offices across Canada into this program," she says. "It's becoming more and more important to incoming employees to be part of a company that is a responsible corporate citizen. These types of initiatives are very well received by the employees."

"There's a series of things that are common for most companies that we help them develop," Archer adds.

"This is to get people in an office environment educated and inspired — everything from paper use to lighting to how companies can meet in a more environmentally responsible way. And also how to tap into some of our campaigns — like Earth Hour and the Great Canadian Shoreline Cleanup."

And coming this fall, the doors will be open to any Canadian company that wants to take part.

"In partnership with Hewlett-Packard, we are launching a new second tier that will be free, aimed really at small and medium-sized businesses, to provide them a whole suite of online tools to support their initiatives," Archer explains.

"We're hoping to get upwards of 500 companies to join."

Share your views on fairness for consumers in auto repairs

Better LET'S MAKE A DEAL
Manitoba's Plan For Stronger Consumer Protection

The Manitoba government is considering new consumer protection rules for the vehicle repair industry. These include:

- ensuring that cost estimates are detailed
- getting customer authorization before repairs are made
- giving customers the option of receiving all old parts
- providing mandatory warranties on labour, and most new and used parts
- ensuring the final cost is within a certain percentage of the estimate

A public consultation paper has been developed that outlines these issues. You are invited to read this consultation paper to find out more and then let us know what you think by visiting manitoba.ca/cca/cpo or calling 1-204-945-3800, or toll free at 1-800-782-0067.

Please share your views with us by August 15, 2011.

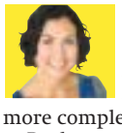
Manitoba

ENSURING YOU GET ORGANIC HONEY

Is there such a thing as organic honey? ***Amanda of Halifax***

QUEEN OF GREEN

LINDSAY COULTER
GREEN@METRONEWS.CA



There are organic beekeepers but organic honey is a little more complex.

Beekeepers have to meet stringent production standards and conditions to be certified organic. Not only do plants — the bees' source of nectar — need to be pesticide-free, their entire foraging area does, too.

This means honey has to come from areas where there is no human activity.

Today, it's almost impossible to imagine such a place.

And it's not as simple as staying away from conventional crops sprayed with pesticides.

Governments also use pesticides to pests.

But organic certification bodies consult with landowners within a five-kilometer radius of the hives, and regularly test honey samples to guarantee they don't contain any pesticide residues or environmental pollutants.

Organic hives cannot use non-organic honey, sugar, or antibiotics.

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Take a look at him now, skeptics!

Once pegged as a poor business planner, Mike Riehm did a workplace 180 and showed his critics who's boss

TURNING POINT

TERESA KRUZE
LIFE@METRONEWS.CA

For 11 months the CBC TV crew followed Mike Riehm as he worked to build his business called EnviroBOND. With his family and friends gathered to watch the debut, a hush filled the room as the host faced the camera and said, "Have you ever wanted to start your own business? Here is an example of what NOT to do. Meet Mike Riehm."

Portrayed as a hard worker with a good product, the program slammed him for not having a sound business plan. Mike was devastated. His girlfriend left him. "I stared at a wall and cried for three days," Riehm says. "When you're going down like that you have two choices: sink or swim."

Today, 10 years later, Mike Riehm has learned some tough lessons, but the EnviroBOND products of sand, stone and organic paving materials are now being sold by 150 dealers across North America and are in seven countries around the world. He recently bought a beautiful new home, upgraded his business facility and got engaged to an amazing real estate agent.

Hey CBC, looking for a story on how a successful business is run? Meet Mike Riehm.

Riehm's Notes

Riehm on surviving a tough startup.

- Confront the bull by the horns — strive to learn the things that you are afraid to know.
- Build a flat workplace where it is OK to tell someone (even the boss) how they can improve their role.
- If you chose not to decide, you still have made a choice. Sitting on the fence is still a choice.
- You don't know what you don't know. Be aware of your own ignorance..

SUBMITTED

▶ Mike Riehm, president and CEO of EnviroBOND.

How to work when home is the office

Folks say it's lonely at the top But often it's even lonelier when you work from home for your own company

DREW HINSHAW
LIFE@METRONEWS.CA

ISTOCK

▶ It's easier to abandon your post, when your post is next door to your bed.

Keeping a sense of perspective as you run a business out of a spare bedroom can be a job unto itself, small business advisors say. With no boss keeping tabs on the company math, it's all too easy, says John Jantsch, author of Duct Tape Marketing, to allow yourself the leisurely lunch breaks and hammock days that can sink your entrepreneurship.

"It's eye opening to people when they learn how much an hour costs," he said.

"If you want to make $100,000 a year working 40 hour weeks, the entire time you have to be doing work worth $50 an hour."

Which is why, he advises, you have to obey your to-do list religiously. Tack a project list to your wall to make sure you're chasing the big goals, he adds.

"You need to constantly have that discipline to focus on the pay-off work," Jantsch warns. "Reading a magazine or cleaning the office probably isn't worth $100 an hour."

Leaving the office, however, could be the most profitable thing you do all day.

"For people just starting off, the highest pay-off work you can do is get out of the office," Jantsch says. "Go network, and start meeting people."

Assemble a Board of Advisors

Every business, no matter how miniscule, needs a set of advisors, says Jim Blasingame, author of Small Business Is Like a Bunch of Bananas.

"The dream is that you have lunch once a month with your attorney, your insurance agent, your accountant, your consultant, and you all sit around the table and talk," he says.

It almost never happens, he adds. For a one-businessperson show, you'd do better to start with a single consultant paid for keeping an eye on the company's bottom line.

"It doesn't need to be a friend," he stresses. "It needs to be someone you're paying for absolute brutal, brutal bloodletting, gut-wrenching, eviscerating candor.

Meet with Customers

There's one sort of advice you can seek that's free, plus it's always right: the customer's

"About once a quarter, bring five or six of your customers for lunch," Jantsch suggests. "Not only will you get out of the house, you'll create a networking opportunity."

4 sports

Quoted

"I'm the captain of this ship and something like that cannot happen. That falls on me. I should have trusted my instincts with what I felt it was, but I didn't and that's my fault."

SEATTLE MANAGER ERIC WEDGE APOLOGIZED TO HIS TEAM YESTERDAY FOR NOT ARGUING ON SATURDAY NIGHT WHEN THE SAN DIEGO PADRES' CAMERON MAYBIN WAS AWARDED A WALK ON ONLY THE THIRD BALL OF HIS AT-BAT. THE SCOREBOARD DISPLAYED AN INCORRECT COUNT AND THE UMPIRE ALSO WHIFFED ON THE CALL.

STEPHEN POND/POOL/GETTY IMAGES

▶ Novak Djokovic of Serbia celebrates championship point at Wimbledon yesterday after defeating Rafael Nadal of Spain.

Djokovic seals spot atop new tennis order

World's new No. 1 wins first Wimbledon in four sets (6-4, 6-1, 1-6, 6-3) Serb 5-0 against Nadal in 2011 Gets first Grand Slam win over Spaniard

Until yesterday, Novak Djokovic never managed to win a grass-court tournament of any sort, let alone Wimbledon.

Until this marvellous — and nearly perfect — year, Djokovic was very good. Now he's great.

After outrunning, outswinging and, for stretches, dominating defending champion Rafael Nadal for his third major championship overall, Djokovic crouched on Centre Court, reached down, plucked some blades of grass and shoved them in his mouth.

"I felt like an animal. I wanted to see how it tastes. It tastes good," Djokovic said later, his eyes wide and his smile contagious. "It came spontaneously, really. I didn't plan to do it. I didn't know what to do for my excitement and joy."

Putting together one of the best seasons by any athlete in any sport in recent memory, Djokovic claimed major trophies from the Australian Open and Wimbledon. Today, he will rise from No. 2 to No. 1 in the ATP rankings, overtaking Nadal, a switch guaranteed by virtue of Djokovic's win in the semifinals Friday.

"I want to win more Grand Slams," said Djokovic, the first man since Andre Agassi in 1992 to win his first grass title at Wimbledon. "I will not definitely stop here, even though I have achieved (the) two biggest things in my life in three days."

Women's final

Petra Kvitova won her first Grand Slam title Saturday by beating Maria Sharapova 6-3, 6-4 in the Womens' final at Wimbledon.

Which, perhaps, is why he engaged in such a lengthy and original celebration, even tossing several rackets into the stands, the sort of crowd-pleasing gesture for which Djokovic has long been known.

Indeed, early in his career, Djokovic stood out less for his shot-making than for his showmanship — check out his spot-on impersonations of other pros, including Nadal, on YouTube — and a hard-to-explain propensity for losing, or even quitting, during late-round matches at majors.

For years, Roger Federer and Nadal ruled tennis. One or the other was No. 1 every week since February 2004. One or the other won 22 of the last 26 Grand Slam tournaments, including Nadal's 10 titles. THE ASSOCIATED PRESS

News in brief

Goldeyes bats cool down

BASEBALL. Saturday night saw the Winnipeg Goldeyes thump the division-leading St. Paul Saints 11-3 to gain a share of the division lead with a record of 28-18. On yesterday afternoon, however, Winnipeg's offence decided to take another day off. The Saints held on to win 5-1.

DARRIN BAUMING

Wild land Heatley

NHL. The San Jose Sharks have traded Dany Heatley to the Minnesota Wild for Martin Havlat. The Sharks confirmed the move on their website last night.

San Jose acquired Heatley from the Ottawa Senators prior to the 2009 season after the two-time 50-goal scorer demanded a trade.

THE ASSOCIATED PRESS

Leafs, Preds swap players

NHL. The Toronto Maple Leafs acquired forward Matthew Lombardi and defenceman Cody Franson from the Nashville Predators yesterday. In return, Toronto sent the Predators defenceman Brett Lebda and forward Robert Slaney.

THE ASSOCIATED PRESS

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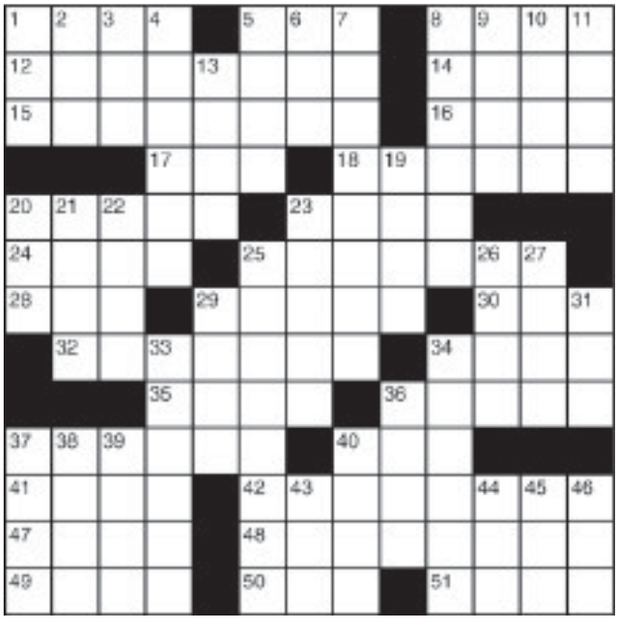
Crossword



Across

1 Moist
5 Lingerie item
8 "The — Piper of Hamelin"
12 Outside
14 Went on horseback
15 1972 Bill Withers hit
16 And others (Lat.)
17 Two-timer
18 Blazing
20 Garden insect
23 Roman 202
24 Newman or Lynde
25 One with an entry-level job?
28 Up to, briefly
29 Dorian Gray's creator
30 Baby's mealtime garb
32 "Greetings," in India
34 Options list
35 "Woe is me!"
36 "Psycho" surname
37 Lunar surface feature
40 Inmate
41 Raise
42 Pop song of 1929
47 Land measure
48 Store
49 Needy
50 Soon to arrive
51 Charitable donations

Down

1 Atl. state
2 Chopper
3 1959 Kingston Trio hit
4 Writing tool
5 Tie
6 Bulg. neighbor
7 Three digits after 1
8 Early game in a tourney
9 Greek vowel
10 Dutch cheese
11 Drop a letter?
13 Street
19 Shoot a gun
20 Suitable
21 Aspirin target
22 Hawaiian dance
23 Indianapolis team
25 Took weapons from
26 Help in a crime
27 Near-perfect score, maybe
29 Corduroy ridge
31 Greyhound carrier
33 Be important
34 Oft-repeated chant
36 U2 lead
37 Applaud
38 Puerto —
39 Roundish hairstyle
40 Superhero costume feature
43 Ostrich's cousin
44 Lubricate
45 Closemouthed
46 Type squares

▶ Yesterday's answer

Sudoku

3			2	7	1			8
	9				3	1		
				6				
2		3					6	
	6	5				2	9	
	7					8		4
				9				
		2	7				1	
4			6	5	8			2

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

5	3	9	1	7	8	2	4	6
8	6	4	9	3	2	7	5	1
2	7	1	5	6	4	3	8	9
3	9	5	4	1	7	6	2	8
7	1	2	6	8	9	5	3	4
6	4	8	2	5	3	9	1	7
1	2	3	8	9	6	4	7	5
4	5	6	7	2	1	8	9	3
9	8	7	3	4	5	1	6	2

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

marc
My mpenzi, we have been together for 5 years and married for 2.our love has endured lots of difficulties.My soldier no matter where you are just remember,I am always there with you and I love you so dearly, always.You are my rock you strengthen me, and my gift to you is my love and honour, and the children we will soon have.I love you Allan now and always. **FROM MRS MARION**

PrinceCharming
"We both know all this has to come to an end" - hmm! i asked 4u long time back for my next life &i was promised. but look HE is letting me have u now...how unattainable unobtainable is that? u r not going anywhere coz i am following u...even next!! **FROM YR HEARTBEAT**

A look at the weather

Jenna Khan, Weather Specialist

"Weather impacts everything we do. Providing the information you need before you head out that door and take on the day is the best part of my morning." **WEEKDAYS 6AM**

BT BREAKFAST TELEVISION

TODAY	TUESDAY	WEDNESDAY
Min 23° Max 30°	Min 16° Max 26°	Min 16° Max 26°

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20
No matter how hard you think your life may be there is always someone worse off

♉ Taurus April 21-May 21 Someone you trust will give you excellent advice today

♊ Gemini May 22-June 21 ? If you have put in the hours and made an extra special effort then you can expect some kind of reward today

♋ Cancer June 22-July 22 There is no point beating yourself up emotionally and mentally because you made a mistake

♌ Leo July 23-Aug.23 Something you value will be taken from you today

♍ Virgo Aug. 24- Sept. 22 Even if you are convinced that you're in the right accept some of the blame.

♎ Libra Sept. 23-Oct. 23 Spread your workload around as much as you can today.

♏ Scorpio Oct. 24-Nov. 22 The harder you have worked in recent weeks the bigger the payoff will be over the next few days.

♐ Sagittarius Nov. 23-Dec. 21
Don't be too generous when it comes to dividing the spoils.

♑ Capricorn Dec. 22-Jan. 20
Relationships may be serious things but it pays to be lighthearted

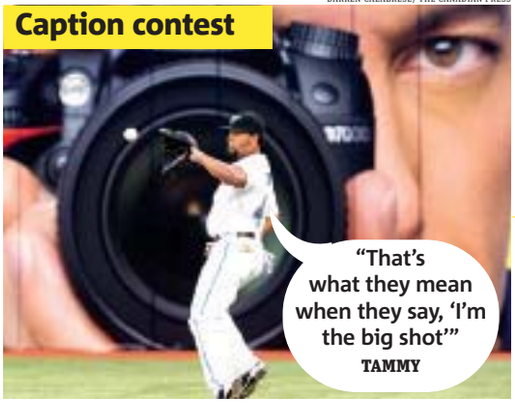
♒ Aquarius Jan. 21-Feb. 18
If you have been wasteful with money of late you need to get serious

♓ Pisces Feb. 19-March 20.
Don't ignore the needs of others or trample on their dreams.

SALLY BROMPTON

Caption contest

DARREN CALABRESE/ THE CANADIAN PRESS



TAMMY

DARREN CALABRESE/ THE CANADIAN PRESS

WIN!

You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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(204) 261-1234

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